

**PRODUCT BENEFITS:** Super GLA Borage Oil supplies 300 mg of Gamma-Linolenic Acid (GLA) per softgel, which helps provide nutritional support for overall health and for women with PMS.\* GLA can be synthesized from Linoleic Acid in the body by the rate-limiting enzyme delta-6 desaturase. However, biological conversion is estimated to be less than 10% and there are no significant food sources, which is why supplementation may be important.

**Directions:** For adults, take one (1) softgel daily, preferably with meals or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

**\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

**PROD. NO. 7731**

To refill please call 1-800-765-6775

or visit [www.physiologics.com](http://www.physiologics.com)

Carefully Manufactured by PhysioLogics

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PhysioLogics®

# Super GLA Borage Oil 1300 mg

For Women's Health\*

Nutritional Support For  
Women with PMS\*

Dietary Supplement  
90 Softgels



## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	1 g	***
Borage Oil ( <i>Borago officinalis</i> ) (seed)	1,300 mg (1.3 g)	***
which typically contains:		
Gamma-Linolenic Acid (GLA)	300 mg	***
Linoleic Acid (LA)	403 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Glycerin.

**FREE OF:** artificial color, flavor or sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

**TAMPER RESISTANT:** Do not use if seal under cap is broken or missing.  
**KEEP OUT OF REACH OF CHILDREN.**

Store in a dry place and avoid excessive heat.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**Laboratory Tested to Guarantee Quality  
For Health Care Professional Use Only**

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